

Identifying Values



1. In the last 3 months, what have been the main 3 things in your personal orbit?

2. What have you spent the most time doing on a daily basis?

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3. What activities energise you most?

4. What have been your 3 main spending categories?

5. What are the 3 main activities that you've concentrated on?

6. What have been your three main topics of conversation?

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7. What have you been Googling or watching videos about most?

8. What has been the most difficult thing for you to have to do in order to succeed?

9. What have been your most significant wins (the ones you'd like to get praise for)?

10. What are the 3 main activities you've not barely put off or not put off at all in the last 3 months?
